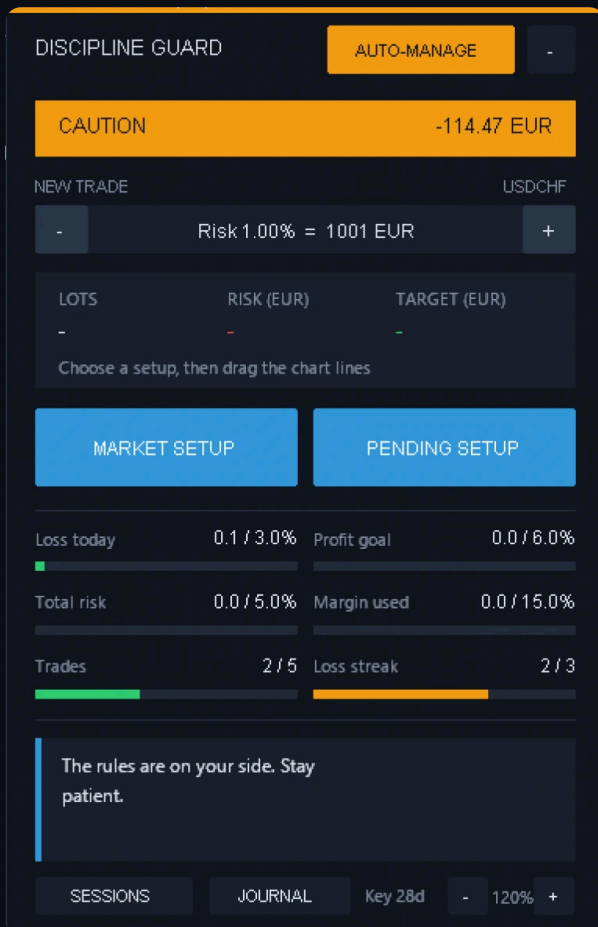


Trial Guide for MetaTrader 4

Set up the panel in about 10 minutes. Then learn it in 5.



REAL SCREENSHOT The panel on an MT4 demo chart.

What you downloaded

- **DisciplineGuardLite-2.03.1.ex4**: a panel (an "Expert Advisor") for **MetaTrader 4** on a Windows computer.
- It sizes your lot from your stop loss and your risk %, keeps your daily limits, and keeps a journal with screenshots.
- **It never opens a trade by itself.** It sends an order only when you click its own BUY or SELL button.
- MT5 version: coming soon. This file works only in MT4.

In this guide

- 1-2** Copy the file and refresh MT4 · p.2
- 3-4** Allow algo trading, add the panel · p.3
- 5** Your trial and your key · p.4
- First 5 minutes** · p.5-6
- Mac, VPS, phone, problems** · p.7
- Help** · p.8

Trading involves risk. Discipline Guard helps with discipline and risk control. It does not promise profits.

Step 1. Copy the file into MT4

- 1 Open MT4 and log in to your **demo account**.
- 2 Click **File** > **Open Data Folder**. A folder window opens.
- 3 Open **MQL4**, then **Experts**.
- 4 Paste **DisciplineGuardLite-2.03.1.ex4** into the **Experts** folder.

Where is the file?

Look in your **Downloads** folder. If it is a .zip, open it first and copy the .ex4 file.

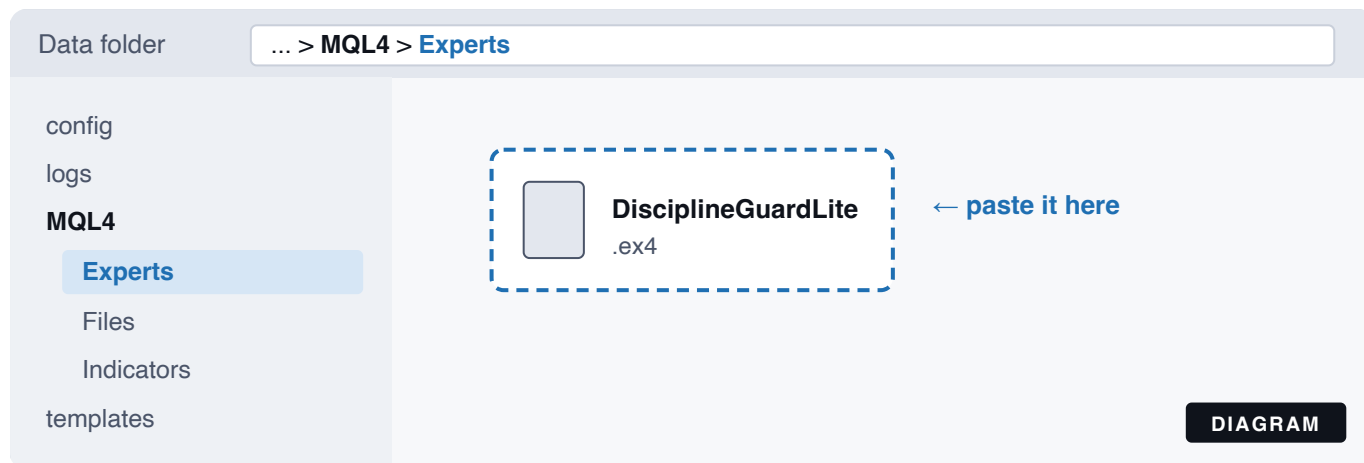


DIAGRAM Not a real screenshot. Your folder window looks different on Windows or Mac.

Step 2. Refresh MT4

- 1 Open the **Navigator** window (**Ctrl+N**).
- 2 Right-click **Expert Advisors** and click **Refresh**. Or close MT4 and open it again.
- 3 **DisciplineGuardLite** now shows in the list.

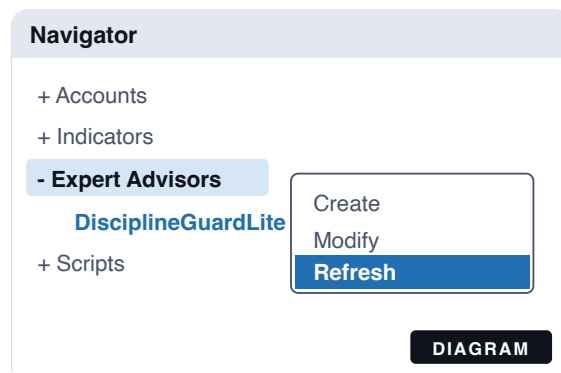


DIAGRAM Not a real screenshot.

Step 3. Allow algo trading

- 1 Click the **AutoTrading** button on the top toolbar until its icon is **green**. (Some MT4 versions call it **Algo Trading**.) The panel cannot send orders without it.
- 2 Click **Tools** > **Options** > **Expert Advisors**. Tick **Allow automated trading**.
- 3 For news alerts, on the same tab tick **Allow WebRequest for listed URL** and add `https://nfs.faireconomy.media`. Click **OK**.
- 4 Load your history: open **Terminal (Ctrl+T)**, tab **Account History**, right-click, choose **All History**. Reports need it.

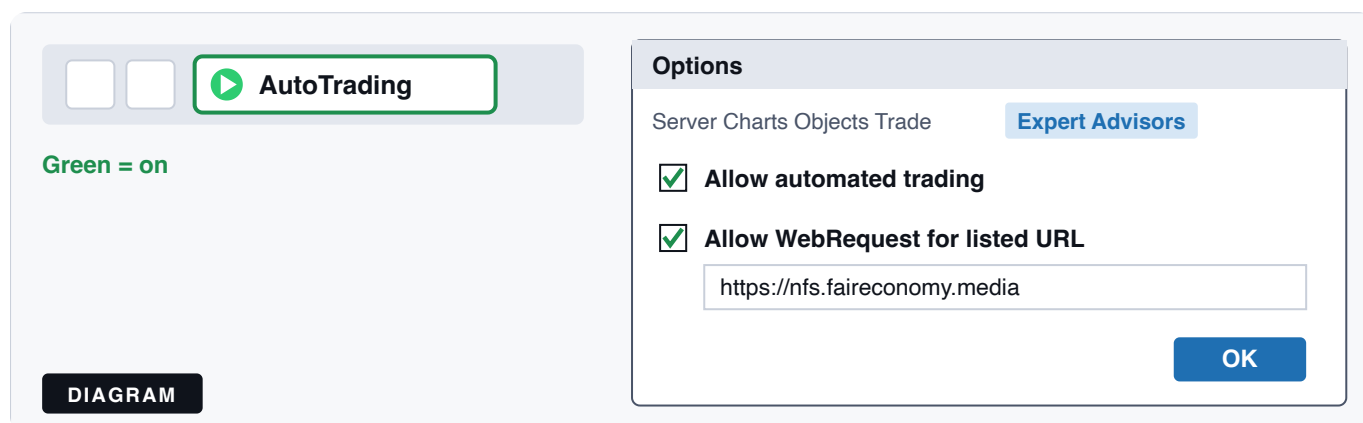


DIAGRAM Not a real screenshot. Other boxes on this tab can stay as they are.

Step 4. Add the panel to a chart

- 1 Drag **DisciplineGuardLite** from **Navigator** onto **one** chart.
- 2 **Common** tab: tick **Allow live trading**.
- 3 **Inputs** tab: keep **Safety profile = Standard** and **Start mode = Alerts only**.
- 4 Click **OK**. The panel appears at the top left of the chart.

Tip: panel too small? Click **+** at the bottom right of the panel.

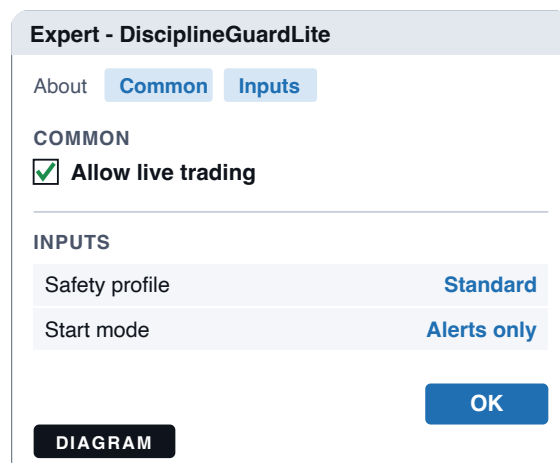


DIAGRAM Not a real screenshot. Both tabs shown together.

Step 5. Your trial and your key

Demo account: free for 7 days. No key needed.

Add the panel to a demo chart and start. The bottom of the panel shows the days left.

Live account: you need a key

- 1 Add the panel to your live chart. It shows **LICENSE REQUIRED** and your MT4 account number.
- 2 Log in to your dashboard at **disciplineguard.com** and fill in **Request your trial key**: your account number and your broker server (MT4 shows it at the bottom right).
- 3 We send the key by email (or on Telegram if you gave your username).
- 4 Paste the key into the box on the panel and click **ACTIVATE**.

We never ask for your password. Only your account number and broker server.

- One key works on one account.
- Changing account? Ask us for a new key.
- When the trial or key ends, the guard stops completely, including Auto-manage.

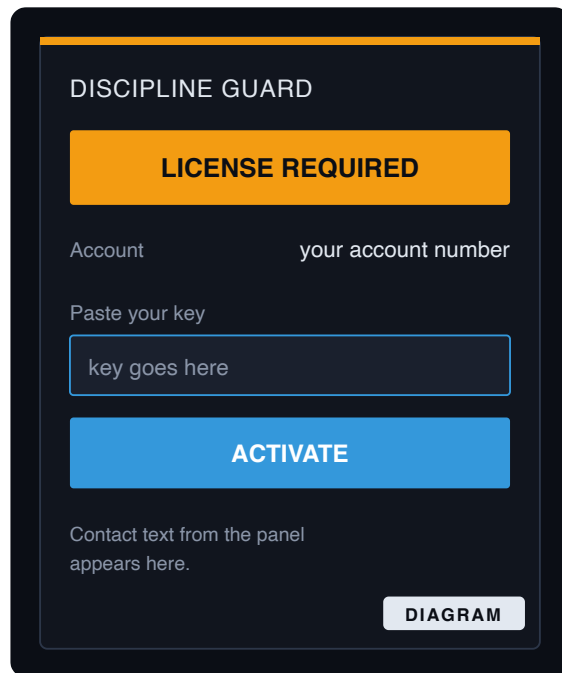


DIAGRAM Not a real screenshot. A simple sketch of the license screen; the real one may look slightly different.

Your first 5 minutes

Minute 1. Set your risk %

The line **Risk 1.00% = ...** shows how much of your balance one trade may lose. Click **-** or **+** to change it (0.25% to 5%). Start small.

Minute 2. Market setup: 2 lines

- 1 Click **MARKET SETUP**. Two lines appear: **SL** (red, stop loss) and **TP** (green, take profit).
- 2 Click a line once, then drag it to your price.
- 3 SL below the price = buy. SL above the price = sell. The panel works out the direction.
- 4 The panel shows **LOTS**, **RISK** and **TARGET** in your account currency.
- 5 Click **BUY NOW** or **SELL NOW** to send.
CANCEL removes the lines.



DIAGRAM Not a real screenshot. On your chart the lines also show the money at risk and the reward.

Minute 3. Pending setup: 3 lines

Click **PENDING SETUP**. Three lines appear: **ENTRY** (blue), **SL** and **TP**. Drag them.

The panel picks the order type, for example **BUY LIMIT** or **SELL STOP**. Click the order button to place it.

If something is wrong, the button shows **NOT READY** and the panel says why, for example "SL is too close to the price".



DIAGRAM Not a real screenshot.

Minute 4. Read your limits

The six bars show **Loss today**, **Profit goal**, **Total risk**, **Margin used**, **Trades** and **Loss streak**.

When a limit is reached, new trades are blocked and the panel tells you why, starting with "**Blocked:**".

The button at the top switches the mode:

- **ALERTS ONLY** warns you.
- **AUTO-MANAGE** also acts on trades that break your rules, for example it adds a missing stop loss.

Start with **Alerts only** while you learn.



REAL SCREENSHOT The same demo panel as page 1, cropped. Here it is in Auto-manage mode.

Minute 5. Journal, screenshots and reports

- 1 Click **JOURNAL** at the bottom of the panel.
- 2 Tabs: **TRADES** (today and your last trades), **WEEK** and **MONTH** (results by day and session).
- 3 Click **SAVE REPORT AS HTML FILE**. Open the report in any browser.
- 4 Click **< TRADE** to go back.

Every trade gets a chart screenshot when it opens and when it closes, plus a note and a line in a CSV file.

Files stay on your computer:

File > Open Data Folder > MQL4 > Files > DG_Journal

Back up this folder if you change computer.

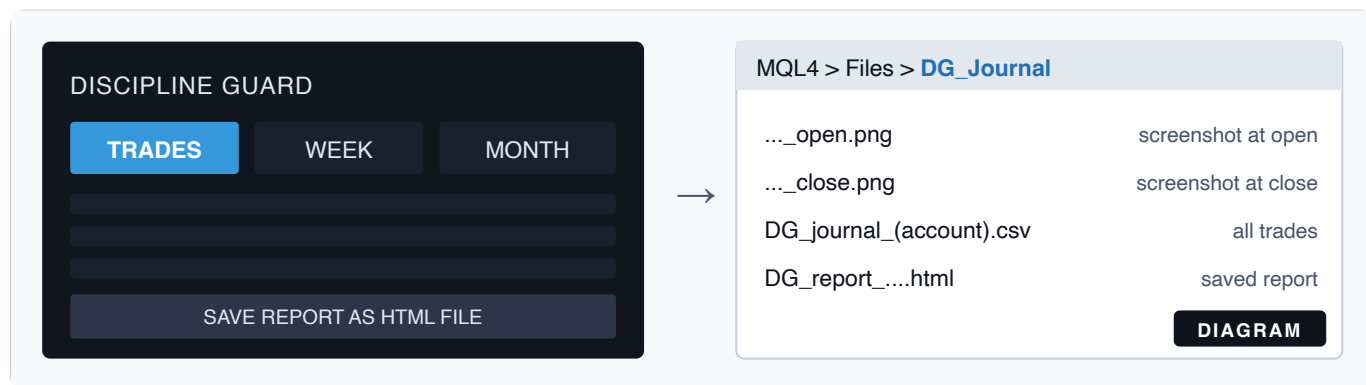


DIAGRAM Not a real screenshot. File names are shortened.

Mac, VPS and phone

Mac

MT4 is a Windows program. Many brokers offer an MT4 for Mac that runs it through a compatibility layer (Wine). Install it, then use **File > Open Data Folder** and follow Step 1. We have not tested every Mac set-up: test on demo first.

VPS

A VPS is a Windows computer in a data centre that stays on. Log in with Remote Desktop and install MT4 and the panel the same way.

- Run the panel in **one place only**, not on your computer and the VPS at the same time.
- MetaTrader's built-in virtual hosting is **not supported**: you cannot see or click the panel there.

Phone

The MT4 phone and tablet apps **cannot run the panel**. Plan and open trades on your computer or VPS. You can turn on phone alerts in the panel settings (**Also send alerts to your phone**).

If something looks wrong

PROBLEM	WHAT TO DO
Panel not in Navigator	Check the file is in MQL4 > Experts , then Refresh .
Panel does not appear on the chart	Check AutoTrading is green and Allow live trading is ticked.
Order button does nothing	Turn on AutoTrading . Read the message on the panel.
"Blocked: ..."	A rule stopped the trade. The message names it. Wait, or change the rule.
LICENSE REQUIRED on a live account	Request a key in your dashboard (Step 5).
No news alerts	Add the web address in Step 3.
Reports look empty	Load All History (Step 3).

Need help?

Contact us

- Support on Telegram:
@conceptualtraders_Support
- News and community:
t.me/Disciplineguard
- Email:
conceptualtraderscommunity@gmail.com
- Help pages: **disciplineguard.com/help**

Send us

- Your MT4 account number
- A screenshot of the problem
- **Never** your password

Quick check

- ☐ The file is in **MQL4 > Experts** and shows in Navigator.
- ☐ **AutoTrading** is green. **Allow automated trading** is ticked.
- ☐ The panel is on one chart, with **Allow live trading** ticked.
- ☐ Demo: the trial runs. Live: the key is activated.
- ☐ Risk % set. One market setup and one pending setup tried on demo.
- ☐ The journal opens and the **DG_Journal** folder has screenshots.

Risk warning

Trading forex and CFDs involves a high risk of loss. Discipline Guard is a risk-management tool, not investment advice. It does not guarantee profits. Test on a demo account first.